

GYM EQUIPMENT



Active

Item	Model	Location	Quantity	New/Existing
Set of Power Bags (x5)		Functional Zone	1	New
3 In 1 Pylo Jump Boxes	GG-ACC-018	Functional Zone	1	New
Set of Kettlebells		Functional Zone	1	New
Kettlebell Rack		Functional Zone	1	New
TRX		Functional Zone	1	New
Throwdown Rig	4 x 14 Standard XTC Rig	Functional Zone	1	New
Adjustable Incline Benches		Functional Zone	1	New
Adjustable Incline Benches		Functional Zone	1	From Springfield
Mats	6' x 4'	Functional Zone/Gym Resistance Zone (8/4)	12	New
Cross Trainer	Octane Standing XT3700	Gym Cardio Zone	1	New
Adaptive Motion Cross Trainer	Octane XT1	Gym Cardio Zone	2	New
Stairmaster	Gauntlet 10G	Gym Cardio Zone	2	New
Rower	HIIT Rower	Gym Cardio Zone	3	New
Octane Standing XT3700		Gym Cardio Zone	3	From Springfield
Upright Cycle		Gym Cardio Zone	3	From Springfield
Recline Cycle		Gym Cardio Zone	2	From Springfield
Woodway Curves		Gym Cardio Zone	3	From Fort Regent

Treadmills		Gym Cardio Zone	5	From Fort Regent
Watt Bike		Gym Cardio Zone	2	From Fort Regent
Land Mine Core Trainer	GG-ACC-020	Gym Free Weights Zone	1	New
Core Trainer Handle	GG-ACC-019	Gym Free Weights Zone	1	New
Urethane Dumbell Set 5kg - 50kg		Gym Free Weights Zone	1	New
10 Pair 2 Tier Dumbell Rack 5kg - 50kg		Gym Free Weights Zone	2	New
Urethane Barbell Set 10kg - 45kg	GG-UBSET-001	Gym Free Weights Zone	1	New
10 Barbell Rack 10kg - 45kg	GG-BARBRACK-010	Gym Free Weights Zone	1	New
Olympic Tricep Bar	GG-BARS-010	Gym Free Weights Zone	1	New
Olympic Hex Trap Bar	GG-BARS-009	Gym Free Weights Zone	1	New
EZ Curl Bar	GG-BARS-008	Gym Free Weights Zone	2	New
Elite Olympic Bars 20kg	GG-BARS-001	Gym Free Weights Zone	7	New
Olympic Bar Collars	GG-BARS-012	Gym Free Weights Zone	16	New
Spring Collars	GG-BARS-011	Gym Free Weights Zone	20	New
Urethane Olympic Tri-Grip 1.25kg Discs		Gym Free Weights Zone	16	New
Urethane Olympic Tri-Grip 2.5kg Discs		Gym Free Weights Zone	24	New
Urethane Olympic Tri-Grip 5kg Discs		Gym Free Weights Zone	24	New
Urethane Olympic Tri-Grip 10kg Discs		Gym Free Weights Zone	24	New
Urethane Olympic Tri-Grip 15kg Discs		Gym Free Weights Zone	24	New
Urethane Olympic Tri-Grip 20kg Discs		Gym Free Weights Zone	24	New
Urethane Olympic Tri-Grip 25kg Discs		Gym Free Weights Zone	24	New
Multi Adjustable Benches	9NP-B7506	Gym Free Weights Zone	2	New
Adjustable Decline Benches	9NP-B7508	Gym Free Weights Zone	2	New
Preacher Curl Bench	9NP-B7509	Gym Free Weights Zone	1	New
Half Rack	9-HDHR2	Gym Free Weights Zone	1	New
Olympic Flat Bench	9NP-B7202	Gym Free Weights Zone	1	New
Squat Rack	9NP-R8008	Gym Free Weights Zone	1	New

Smith Machine	NP-L8500	Gym Free Weights Zone	1	New
Multi Adjustable Benches	9NP-B7506	Gym Free Weights Zone	1	From Springfield
Nautilus SVA Platform	9-HDP6D	Gym Free Weights Zone	1	From Fort Regent
Urethane Dumbell Set 5kg - 30kg		Gym Free Weights Zone/Functional Zone (1/1)	2	New
12 Pair 2 Tier Dumbell Rack 5kg - 30kg		Gym Free Weights Zone/Functional Zone (1/1)	2	New
Dual Adjustable Pulleys (DAP)	Inspiration NP-D9302	Gym Resistance Zone (pinned)	2	New
Lateral Pulldown (Not Pulldown)	Inspiration IPPD3	Gym Resistance Zone (pinned)	1	New
Compound Row Pulley (Not Row/Rear Delt)		Gym Resistance Zone (pinned)	1	New
Chest Press	Inspiration IPVP3	Gym Resistance Zone (pinned)	1	New
Shoulder Press	Inspiration IPSP3	Gym Resistance Zone (pinned)	1	New
Back Extension Bench	Inspiration IPBE3	Gym Resistance Zone (pinned)	1	New
Assisted Ab/Dip/Pull Up	Impact 9NA-S6334	Gym Resistance Zone (pinned)	1	New
Abdominal Crunch	Inspiration IPAC3	Gym Resistance Zone (pinned)	1	New
Arm Curl	Inspiration IPBC3	Gym Resistance Zone (pinned)	1	New
Dual Ab/ductor (Not Adductor and Abductor)	Inspiration IPAA4	Gym Resistance Zone (pinned)	1	New
Seated Leg Curl	Inspiration IPLC3	Gym Resistance Zone (pinned)	1	New
Dual Adjustable Pulleys (DAP)	Inspiration NP-D9302	Gym Resistance Zone (pinned)	1	From Springfield
Leg Press	Inspiration IPLP3	Gym Resistance Zone (pinned)	1	From Fort Regent
Pec Fly/Rear Delt (Not Pec Fly)	Inspiration IPPF3	Gym Resistance Zone (pinned)	1	From Fort Regent
Leg Extension	Inspiration IPLE3	Gym Resistance Zone (pinned)	1	From Fort Regent
Glute Press	Inspiration IPGM4	Gym Resistance Zone (pinned)	1	From Fort Regent